## Edinburgh and Lothians Prostate Cancer Support Group needs more buddies.

What is a buddy?

A buddy is someone who has been through treatment for prostate cancer and is willing to be trained to talk to men who are newly diagnosed about how the treatment experience was for them.

This helps newly diagnosed men make their decision as to what treatment they will choose.

Confidentiality and being a good listener are key attributes.

Our next buddy training session is Monday 6<sup>th</sup> February 2023 from 4 p.m. to 5.30 p.m. at Maggie's Edinburgh.

We need buddies who have been through the different treatment paths and those who have had advanced cancer.



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We are particularly short of buddies who have been through brachytherapy, external beam radiotherapy or a combination of the two. We also need men who have been diagnosed with advanced prostate cancer or who have reached that point so that men being offered chemotherapy/abiraterone/enzalutamide/apalutamide/darolutamide can help them.

Please consider being a buddy as it is an invaluable help to those starting their cancer journey.

Email <u>ELPCSG@gmail.com</u> or telephone 07933 260 066