



Edinburgh and Lothian

Prostate Cancer Support Group

Patients Supporting Patients

Diagnosed with prostate cancer?

Undergoing treatment for prostate cancer?

Maybe you need a Buddy? What is a Buddy?

- someone who has been diagnosed with prostate cancer or has cared for someone affected by prostate cancer
- someone who is happy to share their experiences of cancer confidentially with another who is seeking support
- someone who will listen and give objective support drawing on their own experience
- someone who can signpost to other sources of information
- someone who has undergone training as a buddy.

How can a Buddy help?

Buddies can give support to another man by talking about their own cancer experience, issues they face at work and in day-to-day life...this can be done at 1:1 meetings, telephone, by email, or alternatively come to one of our group meetings held in Edinburgh and the Lothians.

Call a buddy now on our support line shown overleaf
or visit our web site

www.elprostatecancersupport.co.uk/buddies

ELPCSG is your local PROSTATE CANCER SUPPORT GROUP

We are a self-help group, managed by and for men with prostate cancer, their families and carers. All have, or have had, prostate cancer and are undergoing various forms of treatment. We share experiences of diagnosis and treatment hearing how other patients and carers are coping.

If you have been diagnosed with prostate cancer and would like to have support from others who have been through it, call

07933 260 066
email elpcsg@gmail.com

Or visit our website
www.elprostatecancersupport.co.uk/buddies

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